HWI Scientist First in World to Unravel the Molecular Structure of the Key Breast Cancer Target Enzyme that Makes All Estrogens

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The molecular details of Aromatase, the key enzyme required for the body to make estrogen, are no longer a mystery thanks to the structural biology work done by the Ghosh lab at the Hauptman-Woodward Medical Research Institute (HWI) in Buffalo, New York. Dr. Debashis Ghosh’s solution of the 3-D structure of aromatase is the first time that scientists have been able to visualize the mechanism of synthesizing estrogen.

In fact, the Ghosh lab has determined the structures of all three of the enzymes involved in controlling estrogen levels that can serve as drug targets for estrogen-dependent tumors in breast cancer. This work is so significant, the world-renowned journal *Nature* will be publishing the structure of aromatase at 2.90 angstrom resolution in today’s issue. The other two enzyme structures determined by the Ghosh lab as part of this project were estrone sulfatase (2003) and 17beta-hydroxysteroid dehydrogenase type 1 (1996). All three enzymes control the levels of estradiol in different tissues.

“This is a dream come true,” Dr. Debashis Ghosh, a HWI senior research scientist and a principal investigator who also holds a joint faculty appointment at the Roswell Park Cancer Institute (RPCI), said. “Scientists worldwide have been trying for 35 years to crystallize this membrane-bound enzyme and we are the first to succeed. Now that we know the structures of all three key enzymes implicated in estrogen-dependant breast cancers, our goal is to have a personalized cocktail of inhibitors customized to the specific treatment needs of each patient. Our knowledge about these three enzymes will enable us to develop three mutually exclusive inhibitors customized to each patient’s needs which will work in harmony together with minimal side effects.”

**Why Is This Important?**

Most people know that breast cancer is the most common cancer among women in the United States and the second leading cause of cancer death in women, after lung cancer. Many people also may be aware that the chance of a woman having invasive breast cancer some time during her life is about 1 in 8 and the chance of dying from breast cancer is about 1 in 35. But many may not be aware that 75-80 percent of all breast cancer tumors are estrogen-fed. Estrogen is a female sex hormone and androgens are the male sex hormones. Regardless of gender, everyone has some percentage of both estrogens and androgens in their bodies. Each of the enzymes discussed above can individually promote the growth of estrogen-dependent breast cancers, but knowing all three structures opens the door to customized, comprehensive medical treatment.

Aromatase is the only enzyme in the vertebrate world that makes estrogens from androgens. All estrogens in the human body are made by aromatase. Drugs, such as Tamoxifen, that prevent aromatase from making estrogens constitute one of the foremost therapies for estrogen-dependent breast cancer. These drugs do not discriminate in what they target in the body, which results in significant side effects. Aromatase inhibitor drugs (AIs) have only been on the market a few years and are targeted to inhibit aromatase specifically. But because the structure was not known, nor the mechanism of androgen to estrogen conversion, the AIs currently in use have been developed using trial and error methods resulting in greater vulnerability to contraindications and side effects.

“Now that the Ghosh Lab has unraveled the molecular details of aromatase, drugs can be designed to specifically target aromatase,” Dr. Walter A. Pangborn, Executive Vice President at HWI, said. “This means
that results from this research will form the basis for novel breast cancer drugs that are highly specific for aromatase but cause minimal side effects.”

What Happens Next?
Ghosh now will work to test his hypothesis of the chemical mechanism involved in the conversion of androgens to estrogens. He also will be working with collaborators to develop medicinal complexes for testing. In collaboration with organic synthetic chemist Dr. Huw Davies of Emory University and RPCI colleagues, they will conduct cellular and animal studies of those complexes.

What Was The Project History?
The aromatase and sulfatase projects were started at HWI by Dr. Yoshio Osawa more than 30 years ago. His preliminary work laid the foundation for the eventual solution of the structure of estrone sulfatase. A number of collaborators played a role in the 17beta-hydroxysteroid dehydrogenase project’s early work including scientists in Canada, Finland and HWI Hauptman Distinguished Scientist Dr. William Duax. Ghosh and Osawa started to collaborate in 1995. When Osawa retired in 1998, Ghosh took the project over and developed a revolutionary method of purifying and crystallizing these enzymes. “Everyone had given up on crystallizing the enzyme,” Ghosh said. “Using a ‘secret recipe,’ we have been able to crystallize it and identify the structure – knowledge which will be used to make much better drugs.” The 9th International Aromatase Meeting held in Shanghai China in October 2008 was the venue for the first formal presentation of ground-breaking breast cancer research conducted by HWI’s Dr. Debashis Ghosh. A biennial meeting, the conference draws scientists from all over the world who are interested in the role aromatase plays in various cancers and other diseases.

About Dr. Debashis Ghosh
In addition to his position as an HWI senior research scientist, Ghosh is an associate member of the Department of Pharmacology and Therapeutics at RPCI and in the Department of Structural Biology of UB. Ghosh received his bachelor’s degree with honors in Physics, Chemistry and Mathematics from St. Xavier’s College, University of Calcutta, India and his master’s degree in Physics from the Indian Institute of Technology, Kharagpur, India. He completed a post-master’s fellowship in Biophysics at the Saha Institute of Nuclear Physics in Calcutta, India. Ghosh then earned his doctorate in Crystallography from the University of Pittsburgh and completed his post-doctoral fellowship in Material Science at Carnegie-Mellon University in Pittsburgh, Pennsylvania.

The Ghosh Lab’s major research interest involves the structural biology of estrogen and androgen biosynthesis and metabolism using the X-ray crystallographic elucidation of three-dimensional structures of proteins, as well as other biophysical/biochemical techniques. In addition, in collaboration with University of Buffalo ophthalmologist Dr. Federico Gonzalez-Fernandez, his lab is investigating the structure-function relationships of interphotoreceptor retinoid-binding proteins (IRBP) linked to macular degeneration and retinitis pigmentosa. This project is funded by the National Eye Institute. The lab’s third project deals with the elucidation of the molecular basis of antigen mimicry by anti-idiotypic antibodies. In collaboration with immunologist Dr. Soldano Ferrone of the University of Pittsburgh Medical Center, they are attempting to design rational peptide mimics of the high-molecular weight, melanoma-associated antigen (HMW-MAA) for possible use as vaccines, a project funded by the National Cancer Institute.

About HWI
Hauptman-Woodward is an internationally-renowned independent, non-profit facility specializing in life-altering research. Our team of more than 75 members is committed to improving human health through the study of the causes of diseases, as well as potential therapies, at their fundamental molecular level. HWI is located in downtown Buffalo, New York, in a new state-of-the-art structural biology research center. For more information, visit HWI’s website at www.hwi.buffalo.edu.